

THE EFRAIN ANTHONY MARRERO FOUNDATION

FIGHTING
AGAINST
STERIODS
TOGETHER

WWW.NOSTEROIDS.ORG



2010A HARBISON DR., SUITE 198
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August 1, 2008

Dear Principals, Athletic Directors and Coaches,

We lost our oldest son to steroid use on September 26, 2004. That tragic event has forever changed our family in ways we are still struggling to understand. But one thing is certain; we have dedicated the rest of our lives to preventing this devastating loss from happening to other families. To that end we have established The Efrain Anthony Marrero Foundation with the goal of, among other things, educating students, parents, coaches, trainers and athletic directors about the warning signs and dangers of steroid use.

We were, frankly, blindsided by our son's steroid use. We are a very close-knit, spiritual family and we have always been involved in our children's lives. We counseled them about drugs, tobacco, alcohol, gang involvement, and sex – all the typical parental concerns. Regrettably, we were completely unaware of steroids and their dangerous side effects- the topic was simply "below our parental radar." We are committed to ensuring parents and other adults who deal with children are armed with the knowledge to prevent the loss of another child to the scourge of steroids.

We were very encouraged by the California Interscholastic Federation's action in May of 2005 when they adopted 3 By-laws requiring all high school athletes to remain free of steroids and other performance enhancing drugs. We also support their requirement that high school coaches be certified in the recognition and handling of steroid abuse. Their action is a tremendous step in the right direction, and we believe our foundation is uniquely suited to help meet your objective of keeping our young students and athletes steroid free.

Accordingly, we would like to address as many high schools as possible throughout our great nation during the next few years. We have developed a multi-media steroid abuse presentation tailored to students, teachers, coaches and trainers, and our objective is to work with you to schedule our presentation for as many high school students as possible.

We feel that it is imperative that at the minimum all athletes, parents, coaches and athletic directors must attend the presentation. We must send the message from the top on down that this is a very important topic by making the presentation mandatory for everyone involved with an athletic program.

To schedule a presentation please contact us at teamfast@sbcuc.net or call at either 707 480 4534 or 707 447 1058. We firmly believe we have an important role to play in preventing another tragedy like the one we have endured, and we would be grateful for the opportunity to speak to your organization to describe what we have to offer.

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We also are asking for your support – your contribution helps us fulfill our mission. To make your donations, you can contribute on our website www.nosteroids.org or mail to the foundation address below. Any contribution from either individually or from your school booster club, etc is greatly appreciated.

As parents of a child who committed suicide after using steroids, we have the most powerful information to offer your high schools. Together, I know we can realize our shared goal of ending illegal use of steroids. Thank you for your valuable time and consideration on this very important public health issue.

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