

2009 WIAA Coaches School Schedule of Presentations

THURSDAY July 30, 2009		First Name	Last Name
12:00 to 5:00 PM	First Aid and CPR Certification	Mike	Fine
6:00 to 8:00 PM	Hands on Taping and Lung Capacity Testing	Mike	Fine
		Greg	Ledgerwood
7:30 to 8:30 PM	Registration		

FRIDAY JULY 31, 2009

Opening General Session 9:00 to 10: AM			
Seeing Possibilities		Rachael	Scdoris

BREAKOUT SESSION ONE: 10: am and 11:00 am		First Name	Last Name
	Topic		
1	Exercise Induced Asthma in the Student Athlete	Greg	Ledgerwood
2	Coaches Successfully Dealing with Parents	Tom	Doyle
3	NCAA Clearinghouse and Recruiting Rules Coaches need to know	Steve	Robertello
4	Developing Sports Specific Speed	John	Piper
5	Understanding the WIAA Out of Season Rules	Cindy	Adsit
6	Wii-hab: Integrating the Wii into your Rehabilitation	Patrick	Olsen
7	Two Coaches, Two Sports Programs: A yearly Perspective	Dr. Phillip Mike Sue	Morgan Morgan Doering
8	MIDDLE SCHOOL: The Importance of Practice Planning and "How to Plan"	Dave Bruce	Tikker Brown

LUNCH: 12:00 to 1:20 PM			
Curt and Chee Chee Bruskland Award presentation		Mike	Colbrese

Second General Session: 1:30 to 2:45 PM			
Communicating with your Athletes through True Colors		Tom Joe	Doyle Richer

BREAKOUT SESSION TWO: 3:00 PM and 4:00 PM		First Name	Last Name
	Topic		
1	Athletic Liability Prevention – Tools to Protect Students, Districts, Programs and Careers.	Ray	Roberts
2	How to improve you athletes Self Esteem	Joe	Richer
3	The Role of the Parent	Bruce	Brown
4	WIN FORUM: Sports Diet Dilemmas....The Facts about sport nutrition, energy drinks and dietary blunders	Emily	Edison
5	Competitive Advantage: Taking your team to the next level	Brent	George
6	Sharing years of lessons learned from experienced coaches	Jerry Mike	Parrish Schick
7	Pumping (almost) nothing: Strength training without weights.	Jim	Peterson
8	MIDDLE SCHOOL: Trimming your athletic budget without affecting the quality of your programs	Lorri	Slauson

FRIDAY SPORTS TECHNIQUE SESSIONS: 5:00 PM		First Name	Last Name
Baseball: Davis High School		George	Benedetti
Basketball: Franklin High School		Jason	Kerr
Cheerleading: Oak Harbor High School		Pam	Headridge
Cross Country: Cascade High School (Everett)		Steve	Bertrand
Dance/Drill: Othello High School		Anna	Martinez
Football: Colfax High School		Mike	Morgan
Golf: Canyon Lakes Golf Course		Matt	Mandel
Soccer: West Valley High School (Yakima)			
Softball: Bellevue Community College		Leah	Francis
Track & Field: Riverside Christian High School		Scott	Wells

Volleyball: Colfax High School	Sue	Doering
Wrestling	TBD	TBD

SATURDAY AUGUST 1, 2009

Third General Session: 8:00 AM to 9:00 AM

The Power of Trust Bruce Brown

BREAKOUT SESSION THREE: 9:00 am and 10:00 AM		First Name	Last Name
	Topic		
1	Minimizing Liability Exposure in a Cost Cutting environment	Dick	Langum
2	Pre-Testing Athletes for Potential Weaknesses/Injuries	Will	Caton
3	More True Colors--Communicating with your athletes	Tom Joe	Doyle Richer
4	Protecting yourself from Liability by Understanding Standard of Care in Coaching:	Mike Don	Patterson Austin
5	Coaches' Guide to Conflict Resolution	Jim	Peterson
6	10 things for Successful Coaching	Sue	Doering
7	The Sportsmanship Dilemma	Scott	Rosberg
8	MIDDLE SCHOOL: Philosophy of Middle School Athletics	Dave Mike	Tikker Stark

WIAA Q AND A SESSION: 11:30 to 12:00 PM

Update on Budget impact on Interscholastic Activities and WIAA Q and A Session Mike Colbrese

LUNCH: 12:15 to 1:20 PM

New Concussion Legislation Scott Lakker MD

BREAKOUT SESSION FOUR: 1:30 pm and 2:30 pm		First Name	Last Name
	Topic		
1	The WIAA Coaching Standards and the NFHS Coaching Fundamentals Course	WIAA Regional Facilitators	Alexander Brucker Truant
2	Coaches Maintaining Appropriate Professional behavior	Steve Dick	Bridge Langum
3	Understanding The WIAA Eligibility Process	Teresa	Fisher
4	Building Champions from the Inside-Out: Coaching the mental game	Brent	George
5	Managing and Motivating the Difficult Athlete	Will	Caton
6	Booster Clubs and ASB concerns during difficult economic times in athletics.	Marty	Fortin
7	Preparing for Success	Andy	Affholter
8	MIDDLE SCHOOL: How to effectively involve Parents in your athletic Program	Dave	Tikker

Closing General Session 3:30 PM

JIM TAYLOR--Topic to be determined Jim Taylor